

*Your health and safety are important to us. [You](#) can make a difference in your care by asking questions and being actively involved.*

Speak up...

- If you don't understand something or need something explained.

Pay attention...

- Don't be afraid to remind care providers to wash their hands.

Educate yourself...

- Ask for written information about your condition and treatment.

Advocates (family members) can help...

- Ask questions and write down information and instructions for you.

Know about your medication [@dads](#) [@SD](#)

